



Newsletter Sustainability and Ease of Communication Request for Your Consideration

The National Resource Centre maintains a mailing list database and oversees the printing and distribution of 3,000 copies of the quarterly newsletter to individuals and institutions throughout Canada and to Canadian nationals in other parts of the world. The Newsletter is funded through this appeal and by donations received through the renewal form in each issue. A complimentary subscription is given to all who contribute more than \$25 to the Annual Appeal.

Where it can, the CCMC supports and encourages sustainable practices. If you currently receive your newsletter in print format, would you consider receiving an electronic version instead? Mailing fewer copies would simplify our operations and reduce our costs.

Also, having an up-to-date mailing list would allow us to keep you informed of ongoing activities that may interest you.

To change from a print format to an electronic format, please complete and send us the form below.

The print version will continue to be available, but new subscribers will receive the electronic version only. Only subscribers who signal their wish to change to an electronic format will be converted to email distribution.

Our mailing address is:

Canadian Christian Meditation Community

P.O. Box 53092

RPO Royal Orchard

Thornhill, Ontario, L3T 7R9

Our email address is:

info@wccm-canada.ca

The Canadian Christian Meditation Community

To receive the WCCM & CCMC Newsletter or to update your contact information:

First name: _____ Last name: _____

Email address: _____

Mailing address: _____

I wish to be included in the CCMC electronic mailing list,
and receive communications that could be of interest from time to time

I wish to receive the WCCM & CCMC Newsletter (choose one of the following):

In electronic format only

In print and electronic format



The Canadian Christian Meditation Community

Annual Appeal

Sharing the Gift of Christian Meditation

What do your donations support?

The National Resource Centre provides support to the Canadian Christian Meditation Community through communications by mail, telephone and the internet, including

- maintenance of a database of community membership
- management of the financial and legal affairs of the registered charity
- accepting donations and issuing of tax receipts

The School of Meditation

The purpose of the School is to guide and support those who feel called to share the gift of meditation, be it one-on-one, as a group leader, or giving talks to newcomers. A resource team organizes and conducts Essential Teaching workshops (in person or online) across the country, where participants can deepen their knowledge of the tradition, understand more fully the experience of meditation, and gain confidence in their ability to share the gift.

Teaching meditation to children through the production and distribution of multimedia materials, introductory workshops for educators, and ongoing support through the website.

The WCCM Newsletter and Canadian Supplement is published four times a year, and is circulated in print and electronic formats. The Newsletter publishes news from meditation communities across the country, and personal reflections by meditators on their experience.

The Bonnevaux Centre for Peace – Serving the Mission of the Future. A scholarship fund has been set up to support the programs being offered by the Centre.

Annual Appeal: The Canadian Christian Meditation Community

I would like to make a donation of \$25 \$50 \$100 Other amount _____

Name _____

Mailing Address _____

City _____ Province _____ Postal Code _____

Telephone _____ Email _____

Or by credit card: Visa Mastercard Discover

Card #: _____ Expiry: _____ / _____

Tax receipts will be issued for donations over \$25.

Your name will be added:

to the WCCM Newsletter mailing list

in electronic format by email

Cheques payable to:

Canadian Christian Meditation Community (CCMC)

P.O. Box 53092

RPO Royal Orchard

Thornhill, Ontario, L3T 7R9

514-485-7928

info@wccm-canada.ca

www.wccm-canada.ca

You may now also make your donation online by going to:

- www.wccm-canada.ca and clicking on the 'Donate' button
- The Canadian Christian Meditation Community page at www.canadahelps.ca
- E-Transfer to info@wccm-canada.ca