Payment by: Credit Card Mailing Address Name Telephone would like to make a donation of \$25 \square You can now make your donation online by going to: www.wccm-canada.ca and clicking on the 'Donate' button The Canadian Christian Meditation Community page at www.canadahelps.ca Province \$50 🗆 \$100 Other amount Postal Code Montreal, QC H4A 3P4 P.O. Box 52, Station NDG Community (CCMC) **Canadian Christian Meditation** Cheques payable to or in PDF format by email Newsletter mailing list Your name will be added to the donations over \$25 Tax receipts will be issued for

Annual Appeal: The Canadian Christian Meditation Community

The website: www.wccm·canada.ca

The website gives you instant access to information about Christian meditation in Canada, including

- * a detailed listing of groups meeting face to face and virtually, and how to reach them
- ***** the latest Newsletter
- * a catalogue of publications & how to order them
- advice & resources for new group leaders
- * a section on teaching meditation to children

Support the work of the WCCM

The Friends Program supports the work of the WCCM around the world. A separate annual appeal is made each year in spring, by the Canadian Coordinator. Individuals & groups are encouraged to give any help they can.

How can you help continue the work of Christian Meditation in Canada?

Your ideas, input, suggestions and financial and volunteer support are most welcome. Many members of the Community have been most generous over the years. Are you one of them? Will you continue to be?

Canadian Christian Meditation Community

P.O. Box 52, Station NDG Montreal, QC. H4A 3P4 514-485-7928

christianmeditation@wccm-canada.ca
wccm-canada.ca

The Canadian Christian Meditation Community

ANNUAL APPEAL



Sharing the gift of Christian Meditation

What do your donations support?

- Coordination of events through the National Council
- ***** The National Resource Centre
- ***** The School
- * Teaching meditation in schools
- The Newsletter
- * The website



Coordination of events

The National Council is headed by the National Coordinator. It consists of six regional members: the Atlantic provinces, Quebec, eastern and central Ontario, northwest Ontario and Manitoba, Saskatchewan and Alberta, and British Columbia, plus the coordinator of Méditation chrétienne du Québec.

The Council meets every two months by conference call, and face-to-face every two years at the National Conference.

Council members lend their encouragement and direction to the many activities held throughout Canada, including:

- coordinating national/regional events, retreats, conferences, and seminars.
- meeting and exchanging ideas with local meditators.
- and leading School events.
- stributing the quarterly newsletter.
- coordinating national tours by Fr. Laurence and other teachers.

The National Resource Centre provides support to the Canadian Christian Meditation Community for:

- ecommunications by mail, telephone and the internet
- maintenance of a database of community membership
- management of the financial and legal affairs of the registered charity
- accepting donations and issuing of tax receipts
- offering a range of publications to individuals, groups and events through the online bookstore at www.mediomedia.ca



The School of Meditation

The purpose of the School is to guide and support those who feel called to share the gift of meditation, be it one-to-one, as a group leader, giving talks to newcomers.

A resource team organizes and conducts Essential Teaching weekends across the country, where participants can:

- deepen their knowledge of the tradition
- understand more fully the experience of meditation
- gain confidence in their ability to share the gift.

Teaching meditation to children

- production and distribution of multimedia materials
- introductory workshops for educators
- a ongoing support through the website

The Newsletter

Four times a year, the Newsletter publishes:

- news from meditation communities across the country
- a calendar of upcoming events
- personal reflections by meditators on their experience
- information on new publications
- The World Community for Christian Meditation International Newsletter

The National Resource Centre maintains a mailing list database and oversees the printing and distribution of 3,000 copies to individuals and institutions throughout Canada and to Canadian nationals in other parts of the world.

The Newsletter is funded through this appeal and by donations received through the renewal form in each issue. A complimentary subscription is given to all who contribute more than \$25 to the Annual Appeal.



E-Newsletter

The Newsletter is also available in a full-colour electronic format delivered directly to your email address. The E-version is delivered much faster than the print version, and can be read on-screen or printed at home.

Bonnevaux - Serving the Mission of the Future

The new International Centre for the World Community for Christian Meditation is being established at Bonnevaux near Poitiers in France. A scholarship fund has been set up to support the programs being offered by the Centre.